



## XC Eliminator – Rules, Regs & Info

### Race Format

The XC Eliminator is a race tournament where four riders race side by side on a short cross-country mountain bike course. Each race consists of a single lap lasting approximately 2 – 3 minutes. This is a “Blind Draw” and riders for the first rounds will be chosen at random, there are no qualification rounds. The first two riders across the finish line in each race progress to the next round. Third and fourth placed riders in each race are eliminated from the tournament (if time allows on the day, a second tournament will be held to give eliminated riders another shot at racing but we’ll have to play that by ear on the day).

The minimum age of entry to the XC Eliminator is 14 years old. Male and Female riders compete in separate tournaments and trophies will be awarded to Fastest Male and Fastest Female. Runners-up will receive medals.

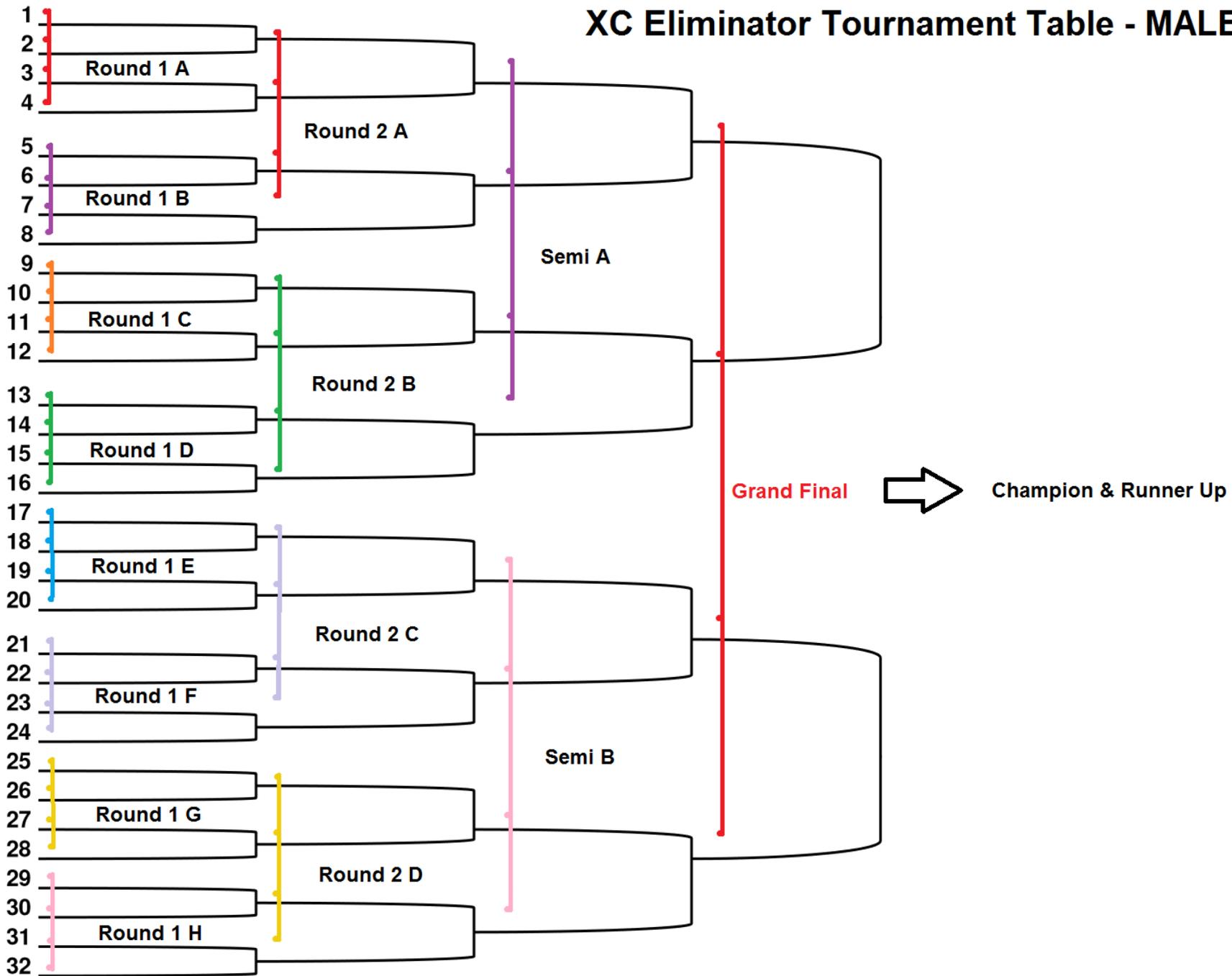
Race entrants can walk the course between 5pm and 6.15pm on race day.

**Note:** The nature of this race sometimes involves unintentional contact between the riders. Such contact will be tolerated if, in the view of the Race Organisers, they respect the spirit of the race and the principles of fairness and sportsmanship regarding other competitors.

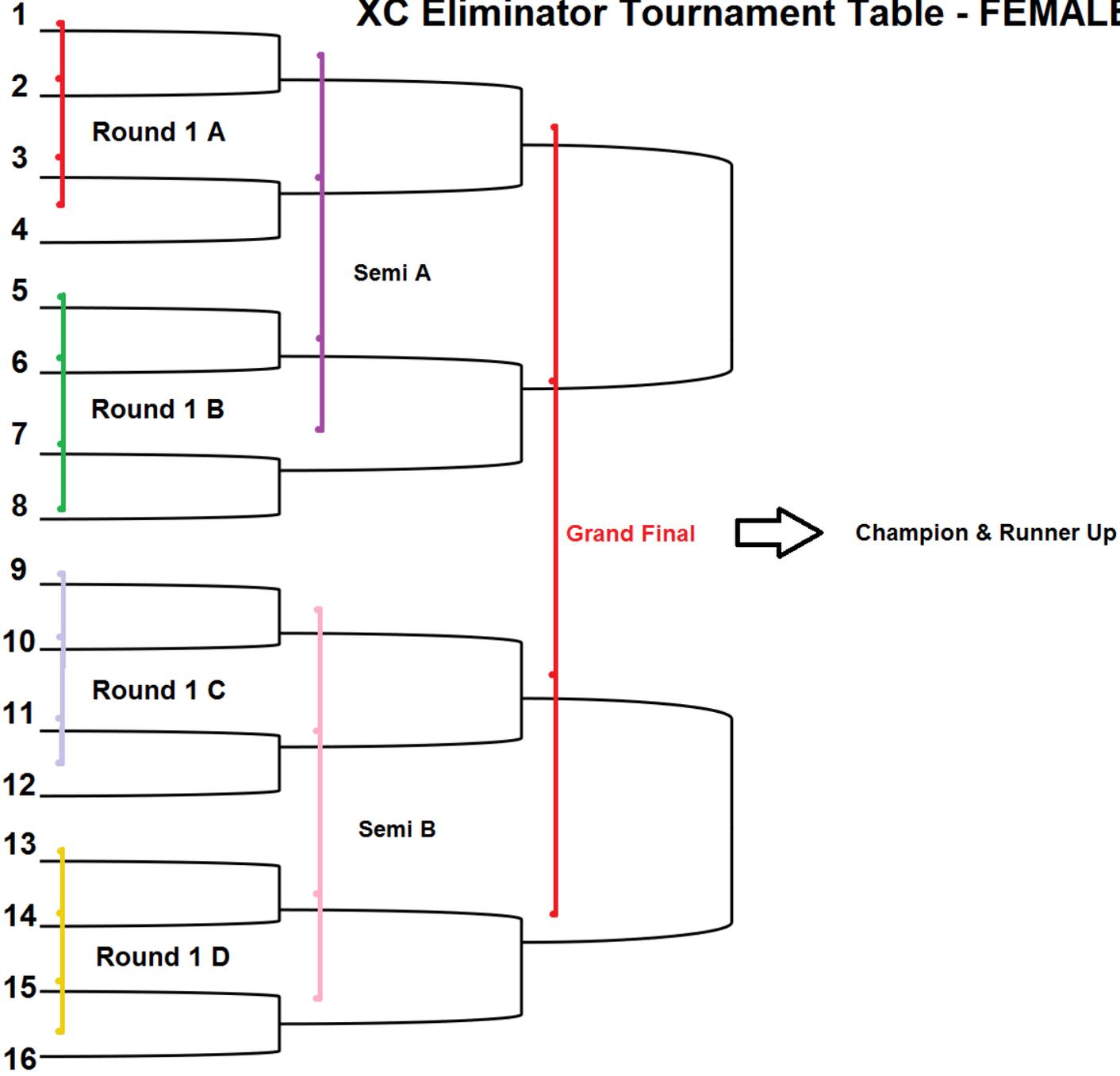
If the 4 riders fall or fail to cross the finish line:

- The order of arrival is determined by the distance covered by each of the riders.
- The winner of the heat is the one who completed the larger portion of the course.

# XC Eliminator Tournament Table - MALE



# XC Eliminator Tournament Table - FEMALE



## **The Track**

This is a short, feature-packed Cross Country course which starts and finishes in the event village. Due to the head-to-head nature of the race, the course consists mostly of double-track with some sections of single-track to allow for over-taking and multiple line choices. There are sharp-corners, steep climbs, fast descents and all jumps and trail features are either avoidable or roll-able.

## **Mandatory Equipment**

- Mountain Bike
- Fully fastening, undamaged safety helmet
- Bar End Plugs
- Working brakes
- Closed-toed shoes

# **Head2Head MTB Race – Rules, Regs & Info**

## **Race Format**

The Eliminator Head2Head MTB Race is a unique event which pitches riders from every style of mountain biking in a series of head to head downhill races. Due to a very long and steep climb to get to the start line and the potential for a lot of runs on race day, this is an uplifted event, meaning all riders are transported by tractor and trailer to the start line. On race day, all riders must complete two, timed qualification runs in the morning which will give them a starting position for the tournament.

The minimum age of entry to the Head2Head is 14 years old. There are no gender categories and the tournament is restricted to a maximum of 64 riders due to the elimination format. Trophies will be awarded to Fastest Male and Fastest Female. Runners-up will receive medals.

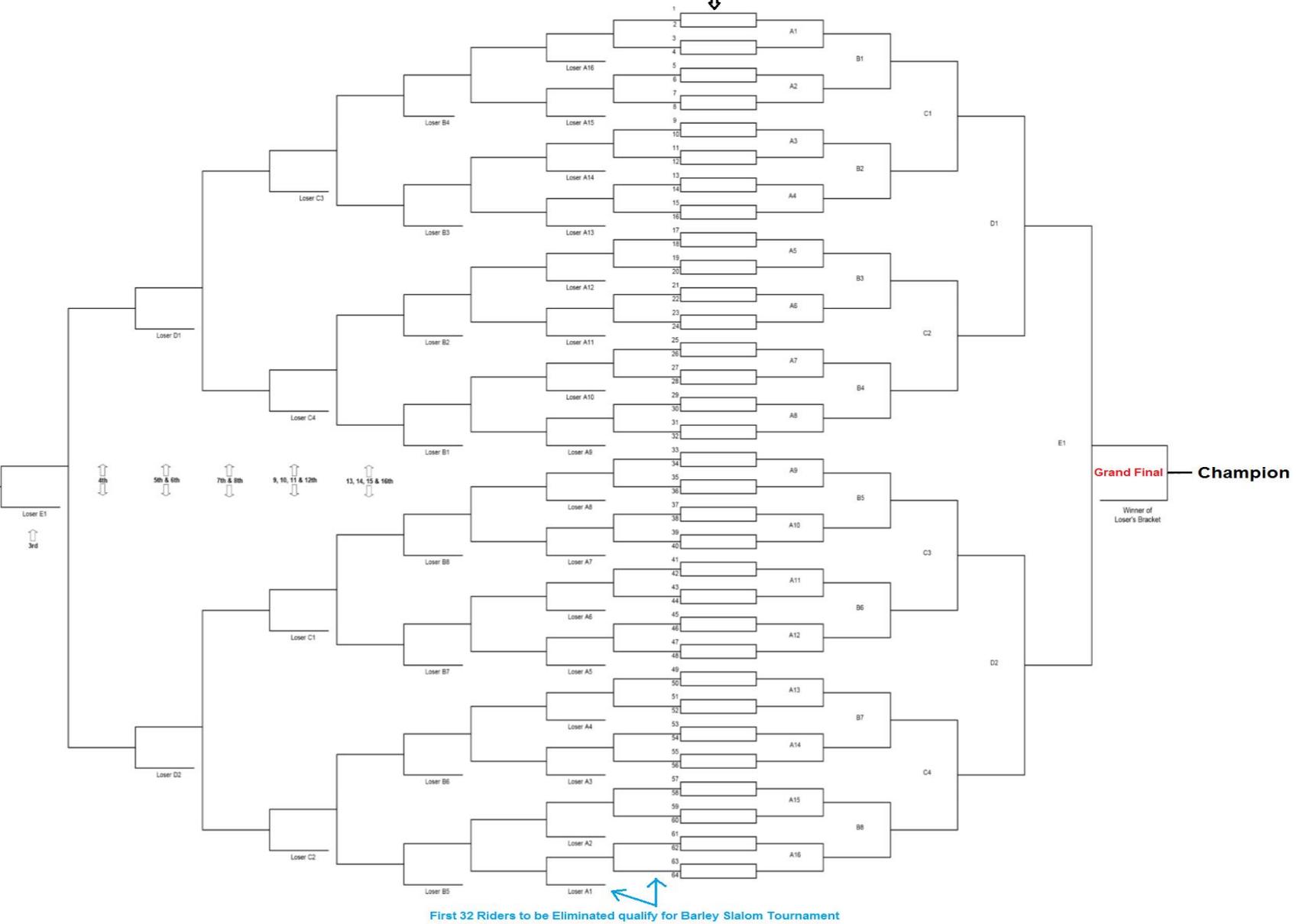
All race entrants are invited to pre-ride the course on an invite-only Preliminary Uplift Day and bar-b-que which takes place at Parkhill Farm between 10am and 4pm on Sunday 11<sup>th</sup> June, this is included in the race entry fee.

**Note:** The nature of this race sometimes involves unintentional contact between the riders. Such contact will be tolerated if, in the view of the Race Organisers, they respect the spirit of the race and the principles of fairness and sportsmanship regarding other competitors.

If both riders fall or fail to cross the finish line:

- The order of arrival is determined by the distance covered by each of the riders.
- The winner of the heat is the one who completed the larger portion of the course.

Winner qualifies for Grand Final



# Head2Head MTB Race – Double Elimination Tournament Table

The Track

This is a super-fun, dual-downhill track which is suitable for all types of mountain bike from Hardtail to Downhill bike. The track consists of two separate lanes which merge together at some parts of the course. All large jumps/trail features are either avoidable, or roll-able to appeal to a variety of riding styles and skill levels.

Section 1 - "The Bear". Lining up alongside your opponent on the start ramp you will be faced with the most spectacular views in Fife, which recently featured in Danny MacAskill's "Wee Day Out". This is a flat-out blast across open hillside, full of off-camber corners, eye-watering straights and a few added jumps to spice things up a bit. Do you take the "Slalom Line" and keep your wheels on the ground, or opt for the "Jump Line" and catch some air on the way to Section 2?

Section 2 - "The Fairmer's Forest" The trail splits into two separate ribbons of singletrack and you re-calibrate your brain as it feels like you're travelling at light-speed between the trees. It's a laugh a minute in here, fun-packed singletrack full of roots, rocky sections and switchbacks. You can see your opponent out of the corner of your eye but you won't know who's in the lead until you reach the infamous Heckler's Gully. Before you know it, you've exploded from the trees at full-pelt and through the heart of the event village, you stomp on the pedals as hard as you can as you race between a sea of excited spectators before boosting the (optional) road gap kicker into Section 3.

Section 3 - "Crazy Crops" This is what The Eliminator is all about, zig-zagging through a field of fully-ripened Barley in a mad dash to cross the finish-line first! Never ridden on a bed of Barley before? You don't know what you're missing, it's 2-wheel-drift-tastic! So, who crossed the finish line first to progress to the next round?

### **Seeding (Saturday AM)**

On Saturday morning, all riders must compete in two timed qualifying runs against the same opponent. Riders can choose their opponent if they wish. A rider's seeding run must start and finish on the same side of the track (i.e. if a rider starts on the left, they must finish on the left and their second run would be on the right-hand lane). Times from both qualifying runs will then be combined and the resulting time will give them a "seeding" for the elimination rounds.

*Note: Only seeding runs are timed, in all other races the first rider to cross the finish line is declared the winner.*

### **Elimination Rounds (Saturday AM/PM)**

Once seeding has been calculated, riders are then paired with an opponent according to their qualifying times. Riders must then race their opponent and the first rider to cross the finish-line moves onto the "winner's bracket" (see tournament table). Riders can swap lanes during Elimination rounds if they wish, provided they do not make contact with their opponent or force them to brake or swerve as a result. Any rider who loses a race is moved onto the "loser's bracket" for another chance to progress in the tournament by winning the remainder of their races. If a rider loses a second race however, they are eliminated from the tournament completely.

### **Mandatory Equipment**

- Mountain Bike of any type fitted with off-road tyres in good condition
- Fully fastening, undamaged safety helmet (open or full-face)
- Riding Gloves
- Bar End Plugs
- Working brakes
- Closed-toed shoes
- Packable, thermal/waterproof layer, sufficient snacks and fluids for several hours on the trails, multi-tool, mini-pump, spare tubes, quick link, puncture repair kit (this can be left at the trail head to avoid carrying whilst racing)

#### **Recommended Equipment for all entrants**

- Full Faced Helmet
- Knee and Elbow pads
- Back Protector

## **Barley Dual Slalom Tournament – Rules, Regs & Info**

### **Race Format**

The first 32 riders to be eliminated from the Head2Head MTB Race automatically qualify for the Barley Dual Slalom Tournament. This is a completely separate competition which gives eliminated riders a second opportunity to compete for a trophy. The tournament starts immediately after the first 32 riders have been eliminated and will run for the rest of the day. Unlike the Head2Head MTB Race, this is a single elimination tournament, so when a rider loses a race, they are eliminated from the tournament without a second chance. This is a “Blind Draw” and riders for the first rounds will be chosen at random, there are no qualification rounds.

**Note:** The nature of this race sometimes involves unintentional contact between the riders. Such contact will be tolerated if, in the view of the Race Organisers, they respect the spirit of the race and the principles of fairness and sportsmanship regarding other competitors.

If the 4 riders fall or fail to cross the finish line:

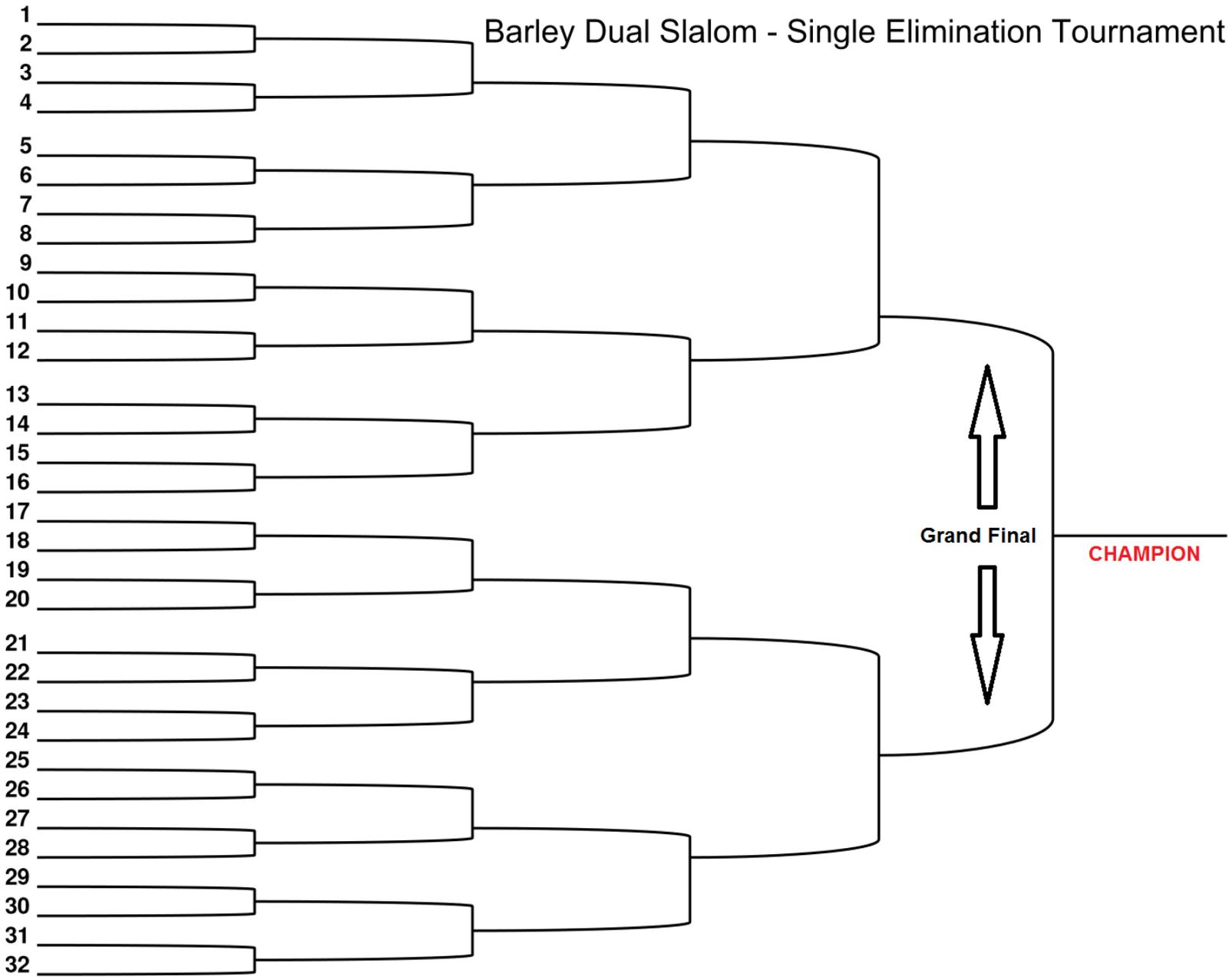
– The order of arrival is determined by the distance covered by each of the riders.

– The winner of the heat is the one who completed the larger portion of the course.

### **The Track**

The track starts with a sprint through the event village before crossing the (optional) road gap kicker into the “Crazy Crops” Barley Slalom. It is then simply a race to the bottom of the hill and the first rider to cross the finish line progresses to the next round. The losing rider is eliminated.

# Barley Dual Slalom - Single Elimination Tournament



### **Mandatory Equipment**

- Mountain Bike
- Fully fastening, undamaged safety helmet
- Bar End Plugs
- Working brakes
- Closed-toed shoes

## **Muckathlon (Off-road Duathlon) – Rules, Regs & Info**

### **Event Format**

The Muckathlon is a brand-new “run-bike-run” Duathlon which takes place mostly off-road using double track around Parkhill Farm and the Fife Coastal Path, with one section of public road. The competition is open to solos, pairs and teams of three and will run as a relay format in the case of teams. A team of two will consist of one runner and one cyclist, in the case of a team of three, each team member will complete one leg each. Due to the non-technical trails, the event is suitable for novice off-road cyclists with a reasonable level of fitness.

### **The Course**

The race starts from the Event Village with a 4.5km run around Parkhill Farm and along the banks of the River Tay. Once the run has been completed, participants will return to the Event Village to collect their bikes for the second leg which consists of an off-road cycle along the Fife Coastal Path to Normans Law, returning to the Event Village via a public tarmac road. The entire cycle is roughly 20km. The third and final leg of the race is a 5km run around Parkhill Farm and along the banks of the River Tay.

### **Mandatory Equipment**

- Mountain Bike or Hybrid fitted with off-road tyres
- Fully fastening, undamaged safety helmet
- Bar End Plugs
- Working brakes
- Closed-toed shoes
- Sufficient snacks and fluids

### **Recommended Equipment for all entrants**

- Multi-tool, mini-pump, spare tubes, quick link, puncture repair kit
- Packable thermal/waterproof jacket

## **Kids Mini-Muckathlon – Rules, Regs & Info**

### **Event Format**

The Kids Mini-Muckathlon is open to riders aged 6 to 13. Leaving in age order with the eldest at the front of the pack, the race begins with a “Le Mans style” 100 metre sprint to collect bikes from a row of bike racking at the other end of the event village. The "Ride" section consists of a 1.5km Cross Country cycle around Parkhill Farm and the final "Run" section consists of a 300m run/walk/crawl(!) to the finish line. The finishing order of riders determines final placings and the top three male and female riders within each category qualify for a podium position. Parents are welcome to chaperone children on the course if they wish.

### **The Course**

The course starts and finishes within the Event Village. The initial “Run” section is approximately 100 metres long across open grassland. The “Bike” section features double track and single track trails around Parkhill Farm and The Eliminator’s famous “Crazy Crops” barley slalom. The final run section consists of a 300m grassy uphill run/walk/(or crawl!) to the finish line. The "ride" section is suitable for 16”+ wheels.

### **Mandatory Equipment**

- Bike, preferably fitted with off-road tyres
- Fully fastening, undamaged safety helmet
- Bar End Plugs
- Working brakes
- Closed-toed shoes

### **Recommended Equipment for all entrants**

- Gloves, long sleeved top and long trousers
- Packable waterproof jacket