



***(A detailed schedule of events will be available on The Eliminator web page soon)***

#### ***What is The Eliminator?***

The Eliminator is a family-friendly festival, packed with Mountain Bike and Duathlon racing, live music, camping, glamping, a licenced bar, kid's bike racing, delicious locally-sourced food and drink and a ton of fun attractions that have absolutely nothing to do with bikes!

#### ***Where is it, when is it and where can I park?***

The festival will be held at Parkhill Farm, Newburgh, Fife (around 20 mins drive from Perth) from Friday 23rd to Sunday 25<sup>th</sup> June. On-site parking is available, signage and staff will be in position to direct you on the day.

#### ***What Mountain Bike races are taking place?***

- XC Eliminator (Cross-Country) – Friday evening
- Eliminator Head2Head (Downhill) – Saturday
- Muckathlon (Off-Road Duathlon) – Saturday
- Kids Muckathlon – Saturday
- Toddlers Bike Racing – Saturday

#### ***What bike do I need?***

- Head2Head – any type of Mountain Bike fitted with grippy off-road tyres. Anything from a Carbon Hardtail to a full Downhill bike is suitable but a Trail/Enduro bike is a good compromise.
- XC Eliminator - any type of Mountain Bike that pedals well. Fast-rolling tyres an advantage.
- Muckathlon – anything from a Hybrid to a Mountain Bike. A Cyclocross bike or Hardtail with fast-rolling tyres would be a good compromise between the off-road and road sections.
- Kids Muckathlon – Any bike with 16" wheels or larger. Off-road tyres an advantage but not essential.

### ***What if I'm eliminated early from the Head2Head race?***

Panic not! Even if you're eliminated from the Head2Head race at the earliest opportunity on race day, your entry fee also includes unlimited runs at our exclusive Preliminator practice and barbeque day on the 11<sup>th</sup> June. You'll probably get at least six uplifted runs racing other riders down the amazingly fun Head2Head course at the Preliminator, followed by two Seeding runs and a minimum of two race runs on race day. If you're unfortunate enough to be eliminated at the earliest stage, you automatically qualify for the Barley Dual Slalom tournament. This is a separate tournament for eliminated riders and you could potentially end up competing in another five Head2Head races.

Plus, don't forget you've still got the whole weekend festival to enjoy. In short, it's a Muckin' bargain!

### ***If I'm eliminated early from the XC Eliminator, won't I feel a bit ripped-off?***

Hopefully not, because not only have you had the chance to race in the most exclusive MTB race in the country, but your entry fee entitles you AND a member of your pit crew (i.e. best mate/partner) full access to all festival attractions and entertainment for the entire weekend. That means that even if you don't make it to the grand final you'll have had a blast and still have the rest of the weekend to ring cowbells, heckle riders and generally have a ball – and you still have the option to enter the Muckathlon or Head2Head (at extra cost). Unbelievable value for money, hurry up before we change our minds!

### ***How technical is the riding in the Muckathlon?***

Not very. In fact, if you're an off-road novice The Muckathlon is a totally achievable challenge, provided you're fairly fit both on and off the bike. The ideal candidate should have an appreciation for breath-taking views and be able to run/jog/walk for 10km and be able to ride a bike for around 20kms. Apply within.

### ***What is Muckmaiden?***

We always host a Ladies Day called Muckmaiden, which takes place a few weeks before each of our events. In the case of The Eliminator, it is on Sunday 11<sup>th</sup> June which also coincides with our "Preliminator" Uplift and Barbeque Day. Bonus! Muckmaiden is a chance for women to enjoy a social ride on the trails that will be used in the upcoming race, or receive some professional coaching in a female-specific environment.

The Guided Ride at Muckmaiden is run by Ginger Squirrel Adventures and gives riders an opportunity to practice tricky sections and get advice from the ladies who regularly podium in the UK MTB racing scene. Thanks to funding, Ginger Squirrel Adventures are able to keep their costs down to a hugely discounted £5.00 for female race entrants and £15.00 for non-racers. As GSA are non-profit, all funds go towards the insurance and fuel costs to make these events happen.

Entrants have the option to join an experienced Marathon runner for a recce of the "Run" section of the Muckathlon route, *OR* ride the "Bike" section of the route along the beautiful Fife Coastal Path. Later in the day everyone gets a chance to refuel with a BBQ burger and jump on the uplift for a few runs on of the Head2Head track (optional).

Unsure if you want to race? Sign up for the £15.00 "Non-Race" option and if you decide to race after meeting your rad new lady friends, we will happily give you a 10% discount on your race entry.

Skills Coaching at Muckmaiden is separate to the Guided Ride and is provided by Progression Bikes. These coaching sessions are split into Novice/Intermediate and Intermediate/Advanced and cater for female riders looking to hone their skills. The cost is a bargain at £35 per session and we've had nothing but rave feedback from past participants.

### ***So, what tickets do I need to buy?***

If you're not racing and are just coming to support/heckle the racers, chill-out in the bar, take in some live bands and watch the most exciting mountain bike racing on the planet, you only need to buy a Festival Pass. This is valid for the whole weekend and includes parking and unlimited entry to all attractions/entertainment including Giant Water Slide, Funky Mountain Climb and Live Music (excludes race entry). Family Passes are available. Under 6's go for FREE.

If you're racing in the XC Eliminator, Head2Head or Muckathlon, you do not need to buy a separate Festival Pass. Your race entry entitles you to unlimited access to all festival attractions and entertainment across the weekend. Children who are taking part in the Kids Muckathlon **must** also have a Festival Pass and so must Parent(s)/Guardian(s).

### ***Is camping included in the price?***

Camping is available at a very reasonable extra cost when you buy your tickets. If you don't fancy pitching up, why not upgrade to a Funky Bell Tent complete with wood-burning stove and posh Chandelier, or book a Funky Hammock to stay in for the weekend. Complete with your very own canopy roof and Swedish Candle, you won't believe how cool these things are! They are lockable for stashing some gear (at your own risk) but please don't be storing any priceless family heirlooms in there for obvious reasons.

### ***Campervans & Caravans***

Caravans and campervans are permitted in the main camping field and weekend pitches are available to buy with all other tickets. Yes of course it's another bargain. It's what we do.

### ***Opening times***

**Friday 23<sup>rd</sup> June** - Gates (and bar) open at 4pm and racing starts at 7pm.

**Saturday 24<sup>th</sup> June** - Gates open at 7am and race registration opens at 7.30am.

**Sunday 25<sup>th</sup> June** – Grab some breakfast, have a wander/bike around and pack-up at your leisure. It's home time but there's no rush!

### ***Can I bring my Dog?***

If it's a foaming-mouthed Hound of Death, then the answer's no. However, we do love dogs, so Scooby Doo is welcome provided he/she is kept on a lead **AT ALL TIMES** as there will be livestock in the surrounding fields and children running around all weekend. All mess must be cleared up and disposed of in the bins **IMMEDIATELY** so make sure you bring those little plastic bags to clean up the "mound of the hound"!

We reserve the right to refuse entry and/or ask you to remove your dog from the venue if they are being a nuisance to others.

### ***Can we have a Campfire?***

We will have several communal fires dotted around the venue but no individual fires are permitted within the camping area for safety reasons. A communal fire means you can bring along your guitar and get your ging gang goolies out though, just be careful they don't get burnt!

### ***Toilets and Showers***

Portable toilets will be situated within the event village and camping field. Temporary showers will also be available within the camping field but times restrictions may apply, so please check the notices so you don't get caught-out whilst fully lathered in Imperial Leather.

### ***Food and Drink***

One of the attractions at The Eliminator will be the choice of quality food and drink available. The hugely experienced Beer Flood Events are running the bar this year and will be serving up a host of delicious local ales, ciders, wines and fresh juices. At this stage, we're not 100% sure who will be providing food at the festival but rest-assured, as we love our food you can expect some of the finest gastro delights in Scotland. We wouldn't accept anything less!

You are welcome to bring along food and drink but only for consumption at your campsite. No alcohol to be brought into the event village. If you wish to cook anything, it will have to be on a proper camping stove – no barbeques, disposable or otherwise for safety reasons. Please be a responsible camper – any rubbish you create please put it in one of the many wheelie bins on-site, or take it with you and put it in your bin at home.

### ***Cash Points & Shops***

There are several cash machines and convenience stores in Newburgh (5 minutes from the site).

### ***Bike Repair and Shiny Stuff***

A number of bike shops will be set up in the trade village, each supplying a great selection of parts and accessories, gloves, pads, helmets, new bikes and all the stuff you'd expect from a local bike shop – including repairs if you're stuck! There will also be a host of non-bike related traders and craft stalls selling and promoting a variety of wares and goods. Resistance is futile to the shiny-shiny 😊

### ***First Aid & Insurance***

We have full public liability event cover, however participants take part in all races and activities at their own risk. We have top notch first aid cover for the whole weekend, capable of accessing the trickier to reach parts of the venue and provide emergency first aid when required.

### ***Prizes***

We have a pile of swag to give away across the weekend thanks to our lovely Sponsors and you don't even need to be fast to win a prize! As ever we'll be having a Random Raffle after each race and if you're name's called out you've won something nice!

### ***What else is going on apart from bike racing?***

We're adding more cool stuff to the line-up all the time, so you're probably best to keep checking the Muckmedden website and social media streams for regular updates but as a taster we have; a Giant Water Slide, Bouncy Castle, Live Music, Craft Village, Funky Mountain Climb (an uphill scramble where you get covered in multi-coloured powder and everyone comes out looking like a human rainbow), Farmer's Market, Silent Disco, Climbing Wall, Craft drinks Bar, Storytelling Sessions, Campfires, acres of open space, the most amazing views in Scotland. If you don't like the sound of any of that, you can always just nod-off in a hammock.

***I'm worried about the weather. Will it be too hot?***

Most likely. Fife is one of the sunniest places on the planet and only rains as little as 50% of the year. Bring a hat. And sunscreen. And a brolly. And wellies. And flip flops. And maybe a snorkel. And definitely don't forget your swimmies and inflatables for the Giant Water Slide!

***I'd like to be a festival attraction/exhibitor/volunteer.***

If you want to showcase your brand new invention, sell your wares to a captive audience of lovely outdoor-types or help out at the festival, please email: [info@muckmedden.co.uk](mailto:info@muckmedden.co.uk) We'd love to hear from you!